

2009  
Northeast Ohio Conference Valley Division  
Cross Country Championship  
(hosted by Medina High School)

- Date: Saturday, October 17, 2009
- Location: Ella Canavan Elementary/A. I. Root Middle School athletic fields  
(Ella Canavan's address is 825 Lawrence St., Medina, OH 44256)  
(same location as the Medina Cross Country Festival)
- Schedule:
- |           |   |
|-----------|---|
| 3:00 p.m. | Boys' Varsity   |
| 3:35 p.m. | Girls' Varsity  |
| 4:10 p.m. | Boys' Open  |
| 4:45 p.m. | Girls' Open   |
| 5:30 p.m. | Awards Presentation (outside at the southwest end of Canavan) |
- Course: 5000 meters, grass, mostly flat, some small hills. This is the same course as the Medina Cross Country Festival.
- Awards: Picture plaque to the team champion, All-NOC finishers (1 - 14)
- Meet Packet: Please pick up the packet in the multi-purpose room at Canavan Elementary. Enter the building through the double doors just north of the parking lot.
- Bus Parking: All buses can drop their athletes off at the bus loop in front of Canavan. Then the buses can drive south on Lawrence Street. Turn right onto Sturbridge Drive. Go to the next driveway and turn right into the A. I. Middle School parking lot.
- Athlete Timing: We will be using computer chips that the runners will turn back in inside the fenced off area at the end of the chute. All teams must be registered on [www.baumspage.com](http://www.baumspage.com). A map of the course is available on this site. Click on Medina Cross Country Festival (October 10, 2009) to view the course map.
- Course inspection: You may inspect the course during the week prior to the meet. Please do not drop your athletes off at Canavan as it may still be in session. Park the buses at Root Middle School and walk over to the starting line area.

Sincerely,



Jeff Harrison  
Medina H. S. Athletic Director