

**NOC LAKE DIVISION 2009
CROSS COUNTRY CHAMPIONSHIP
CCC WEST CAMPUS
SATURDAY, OCTOBER 17
MUDDY, CLOUDY, CHILLY**

TEAM RESULTS:

MEN

NORMANDY	39
PARMA	53
GARFIELD HTS	74
BRUSH	109
ELYRIA	116
VALLEY FORGE	121

LADIES

NORMANDY	38
ELYRIA	70
PARMA	82
BRUSH	88
VALLEY FORGE	100
GARFIELD HTS	125

TOP 14: ALL LAKE DIVISION RUNNERS

1. DEAN SEITZ (N)	17:59	1. BECKY ROWHER (B)	22:23
2. TOM HIPWELL (P)	18:28	2. LAILA ALMASSRI (N)	22:42
3. P J DYMEK (P)	18:51	3. BRITNEY MARCH (E)	23:01
4. KYLE RUBIN (N)	18:59	4. PARIS SULZER (VF)	23:27
5. KENNY KREMPA (VF)	19:19	5. KATELYN SIWIERKA (E)	24:11
6. FORREST REED (N)	19:28	6. TAYLOR JURCZYNSKI (N)	24:14
7. KEITH NOVARESE (E)	19:36	7. HANNAH REED (N)	24:16
8. LOREN PRICE (GH)	19:38	8. KIM BRADLEY (P)	24:19
9. KEVIN LISZKAY (VF)	19:45	9. ABBEY ZECK (P)	24:31
10. JASON YOUNG (N)	19:56	10. FALLON LITTEN (E)	24:47
11. LAURET PRICE (GH)	20:03	11. KRISTIN CYMBAL (N)	24:55
12. BRYAN HOUSTON (GH)	20:13	12. JEN MAZZOLA (N)	25:09
13. TIM MCWILLIAMS (P)	20:19	13. SHAUNNA JONES (VF)	25:18
14. KEVIN MCKENZIE (P)	20:25	14. ALEXANDRA NIEDEWIECKI (B)	25:28