

**NORTHEAST OHIO CONFERENCE  
WINTER – 2009-10 CHAMPIONSHIPS**

**BOYS SWIMMING & DIVING**

**VALLEY**

**Championship Team:** Strongsville  
**Championship Coach:** Tom Stacey, Strongsville

**Player of the Year:** Swimmer – Mike Meldon, Strongsville  
Diver – Michael Kreft, Solon

**RIVER**

Mayfield  
Rick Balcam, Mayfield

Swimmer - Dan Nemeth, Mayfield  
Diver – Troy Richert, North Royalton

**LAKE**

Nordonia/Valley Forge  
Claudio Costanzo, Nordonia  
John Rock, Valley Forge  
Swimmer - Kevin Lancki, Valley Forge  
Diver – Steve Shillero, Garfield Heights

**GIRLS SWIMMING & DIVING**

**VALLEY**

**Championship Team:** Solon  
**Championship Coach:** Mike Davidson, Solon  
**Player of the Year:** Swimmer – Mary Bieganski, Solon  
Diver – Sivan Mills, Solon

**RIVER**

Mayfield  
Rick Balcam, Mayfield  
Swimmer – Amanda Kapp, Twinsburg  
Diver – Haleigh Bartlett, Cuyahoga Falls

**LAKE**

Nordonia  
Claudio Costanzo, Nordonia  
Swimmer – Amanda Thurman, Lakewood  
Diver – Breanne Horrigan, Nordonia

**BOYS BOWLING**

**VALLEY**

**Championship Team:** Stow  
**Championship Coach:** Glenn Duncan, Stow  
**Player of the Year:** Robby MacGregor, Nordonia

**GIRLS BOWLING**

**VALLEY**

**Championship Team:** Stow, Cuyahoga Falls and Hudson  
**Championship Coach:** Paula Duncan, Stow, Evan Karnoupakis, Cuyahoga Falls and Tucker Betham, Hudson  
**Player of the Year:** Justine Anderson, Cuyahoga Falls

**GIRLS BASKETBALL**

**VALLEY**

**Championship Team:** Twinsburg  
**Championship Coach:** Julie Solis, Twinsburg  
**Player of the Year:** Malina Howard, Twinsburg

**RIVER**

Brush  
Chuck Collins, Brush  
Hope Mancini, Mayfield

**LAKE**

Nordonia  
Gary Tipton, Nordonia  
Danielle Zuercher, Nordonia

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**BOYS BASKETBALL**

**VALLEY**

**Championship Team:** Medina  
**Championship Coach:** Jody Peters, Medina  
**Player of the Year:** Tyler Peters, Medina

**RIVER**

Twinsburg  
Bob Pacsi, Twinsburg  
Jonathan Harris, Twinsburg

**LAKE**

Parma  
Mike Durkin, Parma  
Justin Roth, Parma

**WRESTLING**

**VALLEY**

**Championship Team:** Mayfield, Strongsville and Twinsburg  
**Championship Coach:** Carl DiBernardo, Mayfield  
Jerry Des Forges, Strongsville  
Dave Mariola, Twinsburg  
**Player of the Year:** Waquiem Comar, Twinsburg

**RIVER**

Medina  
Chad Gilmore, Medina

**LAKE**

Cuyahoga Falls  
John Dix, Cuyahoga Falls

Devon Range, Brush

**GYMNASTICS**

**VALLEY**

**Championship Team:** Hudson  
**Championship Coach:** Randi Chepke, Hudson  
**Player of the Year:** Bridget Madel, Hudson

**RIVER**

Solon  
Missy Gillen, Solon  
Rachel Bell, Solon